Folic acid fortification – a benefit for individuals and society

Luncheon seminar LS3
Friday 15th May, 2015 12:30 – 13:30, Room 303
Chair: Prof. Toshio Okano, Kobe Pharmaceutical University

Established and emerging functions of folate for humans
Prof. Manfred Eggersdorfer, University Medical Center Groningen

Folate intake and status in Asia/Pacific with focus on Japan
Dr. Atsuo Kondo, Vice President of Atsuta Rehabilitation Hospital

Summary and actions to be taken
Chair, speakers

This seminar builds on established and emerging benefits of folate in risk reduction for neural tube defect, CVD, some cancers and cognitive functions. Present data shows that all over the world, folate intake is low compared to recommendation. The session presents a science-based approach for food fortification and opens an important discussion for a call to act.