



# Folic acid fortification – a benefit for individuals and society



**ACN2015**  
12th Asian Congress of Nutrition

## Luncheon seminar LS3

Friday 15th May, 2015 12:30 – 13:30, Room 303

*Chair: Prof. Toshio Okano, Kobe Pharmaceutical University*

### **Established and emerging functions of folate for humans**

Prof. Manfred Eggersdorfer, University  
Medical Center Groningen

### **Folate intake and status in Asia/Pacific with focus on Japan**

Dr. Atsuo Kondo, Vice President of  
Atsuta Rehabilitation Hospital

### **Summary and actions to be taken**

Chair, speakers

*This seminar builds on established and emerging benefits of folate in risk reduction for neural tube defect, CVD, some cancers and cognitive functions. Present data shows that all over the world, folate intake is low compared to recommendation. The session presents a science-based approach for food fortification and opens an important discussion for a call to act.*



**DSM**

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