



Omega long chain fatty acids – required over the lifecycle



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Luncheon seminar LS12

Saturday 16th May, 2015 12:30 – 13:30, Room 303

Chair: Prof. Manfred Eggersdorfer, University Medical Center Groningen

The role of early life nutrition

Prof. Yuichiro Yamashiro, Juntendo University,
President of the Japanese Society for Child
Nutrition Research

The potential health benefits of LCPUFAs in later childhood and beyond

Prof. Stewart Forsyth, University of Dundee,
Consultant Paediatrician and Medical Director
in NHS Tayside

Long chain polyunsaturated fatty acids (LCPUFAs) are essential for nutrition in early life, especially for the brain development of infants. Later in life they significantly impact cardiovascular health by lowering triglycerides. Considering healthy ageing, LCPUFAs may lower the risk for dementia and age-related macular degeneration. This session elucidates the important role of LCPUFAs and their benefits over the whole lifecycle.



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